

## Sex and Relationship Education Policy

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|                  | _____       | _____                      |
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## **Sex and Relationship Education Policy, Thomas Deacon Academy**

### **Definition of Sex and Relationship Education**

Sex and relationship education (SRE) is learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health.

It should equip young people with the information, skills and values to have safe, fulfilling and enjoyable relationships and to take responsibility for their sexual health.

### **Aim**

Sex and Relationship education is provided through out PD (Personal Development) curriculum which is designed to provide opportunities for young people to develop the skills, knowledge and understanding they need to lead confident, safe, healthy, independent lives and become active and informed citizens.

Sex and Relationships Education at Thomas Deacon Academy is a graduated, age appropriate programme covering topics such as:

- Physical and emotional changes at puberty
- Looking after your body – keeping healthy during puberty
- Respect and responsibility
- Relationships – including marriage and parenthood
- The difference between healthy and unhealthy relationships
- Assessing risk
- Resisting pressure
- Prejudice and discrimination linked to sexual identity and orientation
- Body image and feeling good
- Influence of the media
- Accessing help and advice
- Sex and the law
- STIs, including HIV, and high- risk behaviours
- The links between sexual behaviour and alcohol
- Conception and contraception

All of our teachers are responsible for promoting positive values and actions towards sex and relationship education. Lessons are taught by qualified teachers with the support of our academy nurses and other outside agencies where appropriate.

Lead teachers for PD are Jenny Brassington and Emily Gaunt.

### Monitoring and Evaluation

Teacher and student voice activities are used each year to assess the effectiveness of the PD programme and changes made where necessary. All topics include an aspect of assessment and this is reported on as part of the schools Checkpoint reporting cycle. All student work is marked using the SITA marking policy once per topic. Checkpoint data, learning walks, lesson observations and work scrutiny are all used to monitor and evaluate the provision of sex and relationship education.

### Parental right to withdrawal

Section 405 of the Education Act 1996 enables parents to withdraw their children from sex education other than the sex education that is in the National Curriculum (such as the biological aspects of human growth and reproduction that are essential elements of National Curriculum Science). If parents wish to withdraw their child from this aspect of education they should arrange to meet with their college SAL (Students Achievement Leader) and/or the Lead Teacher for PD.

The DFE offers a standard pack of information for parents to teach their children at home if they choose to withdraw them from sex and relationship education.

### Policy Review

The sex and relationship policy is reviewed once per academic year.